



Confirmation Candidate & Sponsor Activities

The role of a Confirmation Sponsor is to spiritually walk with the candidate during the preparation for the Sacrament of Confirmation. As part of our preparation program, we ask the Sponsor (or a proxy) and the Candidate to meet at least (3) times to share their faith.

A. We ask that you serve together, pray together and reflect on your faith together.

1. **Service Project.** Through service we discover more about who we are and about the unique gifts that God has given us. Explore together the needs of the world (individual, parish, community and world) and how the gifts of individuals are meant to meet those needs.
 - Decide together on one meaningful service project in which you will both be involved. Find something that calls forth your unique gifts.
 - Discuss how your involvement reflects Jesus' mission of service.
 - Discuss options for further direct service or exploring social justice issues.
2. **Mass** or another communal prayer (e.g., Stations of the Cross, Adoration, Rosary). Through communal prayer, we develop our relationship with God and others. This also is a great opportunity to learn more about our Catholic liturgical traditions.
 - Decide together which Mass or communal prayer service you will attend. You may attend a service at St. Joseph Parish, at the Sponsor's parish or any other parish.
 - Discuss the significance of Mass or communal worship in your faith life.
 - Discuss options for future participation at Mass or other communal prayer services.
3. **Choice Activity.** *For where two or three gather in my name, there am I with them* (Matthew 18:20). Find an opportunity to share your faith in a casual setting. Grab a cup of coffee, take a walk, eat a meal, or go out to the movies – just spend time together. *You may choose to do another service project together or attend another Mass together.*
 - Decide together on an activity.
 - Discuss the significance of taking time to reflect and share our faith with others.
 - Discuss options for future faith conversations (with each other or other significant people).

B. Together, fill out the attached reflection sheet. The Sponsor and the Candidate should discuss the questions together. Both the Sponsor and Candidate should sign the form.

C. Return completed reflection sheets to the Christian Formation office by **Sunday, April 16, 2023.**

If you have any questions, please contact:

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Confirmation Candidate & Sponsor Activity Reflection 2023

You are welcome to write or type answers on a separate paper.

Confirmation Candidate's Name: _____

Sponsor's Name: _____

Activity #1

Circle one: Service Project Mass/Communal Prayer Other: _____

What did you do? _____

What did you learn about yourself and/or your Sponsor by participating in this activity?

How did this activity reflect or encourage your faith?

Signature of Confirmation Candidate: _____

Signature of Sponsor (or Proxy): _____

Activity #2

Circle one: Service Project Mass/Communal Prayer Other: _____

What did you do? _____

What did you learn about yourself and/or your Sponsor by participating in this activity?

How did this activity reflect or encourage your faith?

Signature of Confirmation Candidate: _____

Signature of Sponsor (or Proxy): _____

Activity #3

Circle one: Service Project Mass/Communal Prayer Other: _____

What did you do? _____

What did you learn about yourself and/or your Sponsor by participating in this activity?

How did this activity reflect or encourage your faith?

Signature of Confirmation Candidate: _____

Signature of Sponsor (or Proxy): _____