

## Reflection on Saint Names: Choosing a Confirmation Name

*Please complete and return to Sheri Hanson or your catechist by  
Sunday, December 10*

The Archdiocese of Milwaukee requires Confirmation candidates to choose a Confirmation name. Candidates may use their baptismal name or another Christian name when receiving the Sacrament of Confirmation. A Christian name would be the name of a saint or blessed. Derivatives of names (Kelly for Catherine; Jenna for Genevieve) are also appropriate. Candidates may use their first or second names if they are Christian names, or they may select a new Christian name. The candidate should know the relationship of the name to the religious Christian tradition.

This worksheet is designed to help you discern your Saint name.

**1.) What is your Baptismal name?**

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**2.) Why were you given this name?**

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**3.) Which Saint do you most admire, and why?**

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(Check out this or similar online saint resources - <http://www.catholic.org/saints/>. Start by looking up the saints whose feasts are on or near your birthday, or choose a patron saint that interests you.)

**4.) Name three talents God has given you!**

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5.) Consider your talents. List Saints with one or more of those same talents.

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6.) Which Saint is most like you, and why?

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6.) Considering the above reflection of Saints, what Saint name do you choose as your Confirmation name? \_\_\_\_\_

Why?

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(Note: The answer to this question should be included in your Letter of Intention.)

Questions?  
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